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“And then the day came when the risk to remain tight in a bud was more painful than the risk it took to blossom.”

-Anais Nin

The theme for this late summer/early fall issue of **Our Country Home** is “living large.” As summer winds down, and the season of traveling, visiting, gardening and vacationing transforms into cooler air and shorter days, our capacity for living large need not diminish. The return to routine often inspires us to begin new projects and finish old ones. Our time for contemplation deepens, and with this can come new insight and understanding—even inspiration. This issue of **Our Country Home** introduces you to a number of people and activities that we consider inspired and inspiring. You’ll meet a couple with fairy tale beginnings who together have created a deeply connected and largely self sufficient life style, supported by nature and beauty. We share tips from a gardener whose passion and tenacity have allowed her to successfully grow antique roses in her

Northeast PA. garden We introduce you to our tastemaker, artist Derek Melander, who sets the pace with his inventive displays of folded and rolled clothing. We invite you to dress up your wardrobe with the inspired designs of local jewelers. And if you think a door is just a door, you might think differently after you read about the history and symbolism of doorways and thresholds. Finally, we invite you to sample the delectable cuisines of several area restaurants that rely on local farms and foraging for much of their kitchen ingredients.

Live life to its fullest, and enjoy.

*Mary Greene*

Mary Greene  
Section Editor

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**Cover photograph:** Penny, owned by Jerry Crum and Lisa Gonsalves, cavorts up the dock in front of their Rileyville, PA home, christened Spring Woods.

## OUR COUNTRY HOME

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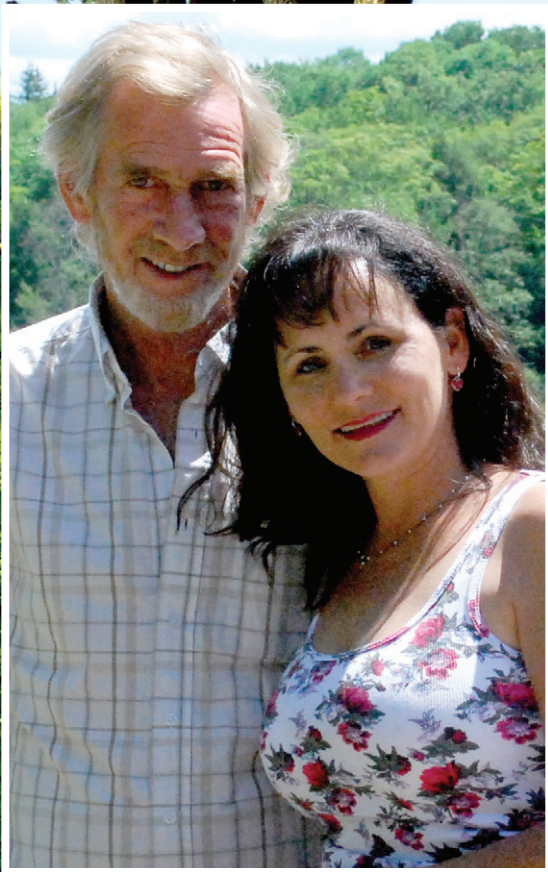
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*Photograph: Mary Greene*

**Jerry Crum and Lisa Gonsalves**

# Spring Woods

*Pastoral setting, labor of love*

Text | Mary Greene

The story of Spring Woods, and the couple that owns and works it, has some fairy tale beginnings.

The 54-acre property in Rileyville, PA was purchased in 1988 by Jerry Crum, a lifelong area resident who grew up on a dairy farm in Milanville, PA. "I was working back here at that time," he said. "The property was all grown up. For 65 years, nobody touched it." He had no idea that the property includes a pristine lake, or pond as it is called because of its medium size. Jerry and his partner, Lisa Gonsalves, share Rosemont Pond with two other owners and, in the summertime, two camps. The castle-like stoned-faced house was constructed by

Jerry in 1989 and 1990, and five years ago the couple added on. The downstairs room, cool in summer and warmed by a generous fireplace in winter, has a spacious center bar, a Jacuzzi "spa" area and a sink for cleaning the fish that Jerry likes to pull from the stocked pond. The couple also keeps chickens, a large vegetable garden, fruit trees and pigs. Jerry is self employed as a master stone mason with many celebrity clients in the area. He has done this work since he was in his teens. He is revered for his solid work ethic as well as for the quality of his work. "He's always in demand," said Lisa, "although he's too humble to say that. So, I get to say it for him."

*Contributed photograph*





1  
Photograph by Mary Greene



2  
Contributed photograph



3



4

Contributed photographs

1. An outdoor hot water shower uses water provided by gravity and a spring on the property. 2. Penny heads up the stone patio overlooking Rosemont Pond. 3. Both nesting and meat chickens are raised at Spring Woods. 4. Many small touches glorify the gardens and grounds.

## An opportune meeting

How Lisa and Jerry got together is the second part of the fairy tale. Lisa, who is now employed by NHS Human Services at the Preston Area School in Lakewood, PA (she has a Masters in Social Policy for youth services), was at the time employed as a waitress at Beach Lake Cafe. It was the dead of winter, the mid 2000s, and Rosalie Crum, one of the other waitresses, was training her. Realizing Lisa was single, Rosalie decided to orchestrate a meeting with her husband Jim's brother Jerry. Jerry and Jim came into the cafe the next day. "They sat at the counter, and I was busy serving breakfast, and serving them coffee," said Lisa. "They got up to leave, and Jim said across the diner, 'So, Lisa, can I give him your phone number?' And Jerry was blushing, but really he'd been blushing since he got to the cafe."

The timing was opportune for the couple. Lisa had just closed her shop, Kizmet, in Narrowsburg, NY, in the Main Street storefront that formerly housed Nicolina's, owned and run by Lisa's step mother Nicole Gonsalves, who passed away from cancer in 2004. Lisa's father, the artist Ray Gonsalves, had recently moved away from the area. Lisa had her two boys to take care of, and jobs were scarce. She was grateful for the job in Beach Lake, fated to lead her to her husband and her new life. There was even a psychic who predicted Lisa would soon move, to begin a life "surrounded by water." "I said, no way," said Lisa.

"But she insisted. And she was right." Happily so, as it turns out.

## Built to last

The Spring Woods house is constructed of 13-inch walls of stone, framing and woodwork. "When the windows are closed, you don't hear anything," said Jerry. It has radiant-heated floors, designed to hold the heat in winter and the cool air in summer. "If there is a power outage, we don't suffer," said Lisa. "We're not compromised at all." Water is available through a gravity system from a spring on the property. Furnace heat is provided through wood, gathered from the property.

Spring Woods was also constructed to complement the natural environment, incorporating as many elements as possible. Lumber from the property was used both in construction and in Jerry's creation of artful furniture, such as the generous kitchen table whose bottom foundation is a carved turtle with four legs (claws and all), so the table top becomes the shell. The oval-shaped room facing the lake is the "castle room" with elements of wood beams (creating a log cabin effect) and wood carvings. There is also a built-in window seat along with tapestries (Kizmet-style) and roomy rustic furniture. The floor is laid with Turkish stone. The kitchen has a center island and is clearly a place much inhabited and loved. It adjoins the dining area with the turtle table. The ground floor also has three bedrooms, two baths,

a generous pantry, an entrance way, a balcony and a lakeview porch. There are artistic touches everywhere, including cabinets made from shutters ("We are all about recycling," said Lisa), several of her father's paintings, artwork and other craft touches, such as the bedroom quilt sewn by Jerry's mother.

## The grounds

The grounds are every bit as interesting as the house. The yard features a patio and a hot water outdoor shower, lined in stone. "The shower has tremendous pressure," said Lisa, "because the water is gravity-fed." The property leads down to the pond, and a long dock encourages sunbathing, boating and swimming.

Outbuildings closest to the house are occupied by brooding hens whose eggs are consumed by Jerry and Lisa, and given away to friends and family. The brooding nests, the feeders, the divisions and little doorways were all built by Jerry, using materials left over from jobs. A generous number of "meat chickens," crossbred between broilers and Cornish hens, pure white and definitely meaty in appearance, are kept by the couple until it's time to slaughter them and put their meat in the freezer. Pigs are also kept for this purpose, but they are loved anyway. "They're dolls, aren't they?" said Jerry. A little friendliness doesn't hurt.

Between the animals, the garden produce and the fish that Jerry catches, both on his property and during

*Continued on page 7*





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The "castle room" features brick, stone and wood, artwork, a window seat and comfortable colorful furnishings.

Contributed photograph



Photograph: Mary Greene

**These baby miniature pigs are raised at Spring Woods and sold as pets, and will soon be featured on Animal Planet.**

deep sea fishing trips to Maine and the Jersey shore, the couple lives largely upon what they raise or catch. They have several freezers and a commercial-grade vacuum sealer. They can vegetables and wild berry jam. Supper that night, in evidence on the kitchen counter, consisted of a chicken from the freezer and green beans from last year's harvest. "Jerry's the gourmet cook," said Lisa. "I'm the gourmet eater."

### Operation pet pig

Jerry and Lisa also raise miniature pigs, to be sold via the Internet as pets. They raise three breeds: Miniature Pot Bellied, Micro Miniature and Mini Julianna. Theirs is the only operation in the Northeast that breeds these small sizes. The pigs are housed in another building, eight adults (with names like Delilah, Midnight, Petey and Spanky) and an adorable litter of five piglets. The babies are kept with their mother for five or six weeks until weaned, and then they are brought into the house with Lisa and Jerry to be socialized, much like you might do with puppies or kittens. They are then placed with private owners. Pigs of this breed typically live about 15 years. The project has caught the interest of Animal Planet, which has been at the house in weekly increments filming the baby pigs for its "Too Cute" series. The show usually features puppies and kittens, but a new "exotic animal" theme to the series, including the piglets, will be aired around the holidays.

### 'In our element'

Spring Woods is a lot of work to maintain, but the couple seems to relish the lifestyle. "I grew up on a horse ranch in California," said Lisa. "My dad bred Arabians, and we had chickens, some goats, pigs. So even though I am originally from Los Angeles, I'm a country girl.

"When Jerry realized I liked the whole homesteading thing, he got right on it. The woodshed became a barn, the barn was expanded, and the garage was converted into another barn. Then came the garden, and the expansions to the garden.

"We're in our element, for sure."

For more information about the miniature pet pigs at Spring Woods, visit [springwoods@petpigsPA.com](mailto:springwoods@petpigsPA.com), or call 570/253-9154.



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# For the Love of Roses

Text | Karen Morris  
Photographs | Paul Cooper

Roses are known to be one of the oldest flowers on the earth. Neanderthals decorated the graves of their dead with roses. French and English crusaders carried the root stock of magnificent cultivated roses back with them, as the spoils of war from gardens all over central Asia and the Middle East. They also carried back the poetry that was inspired by the lessons learned from cultivating something as specious and magnificent as the rose, an entire genre of poetry based on the spiritual philosophy of kindness: “Through kindness, the thorn becomes the rose,” in which western chivalry has its roots.

These are some of the reasons that I decided to plant an antique rose garden, against the advice of almost everyone I talked to about gardening in Northeastern Pennsylvania, when I moved to Honesdale two years ago.

## Expectations

Although this is only the second season for my garden, I’ve learned much about what to expect from roses given the wildly unpredictable weather of the past few years. Roses need a minimum of five hours a day of direct sunlight. I worried constantly that first spring and summer when the sun rarely made an appearance and it rained nearly every day. Roses need lots of water, so the rain was wonderful, but without sun I was sure they would fail. In addition, the garden that summer was plagued by slugs, aphids, spotty mildew, leaf cutters and Japanese beetles. I expected defeat at every turn and was overjoyed that August when I was treated to a second blooming.

*Continued on page 10*

This luscious “DreamWeaver” climbing rose is one of many English and other varieties grown in the author’s Honesdale, PA garden.





**Winchester Cathedral Rose**

### Tips for success

Roses can be purchased in a nursery, by catalogue or online, as either bare root or container grown. Bare root roses arrive, just as the description says, a dormant gnarly root mass without soil. You wonder how anything so dead can, within three weeks after being planted, be covered in lush green leaves and buds. Container grown roses usually cost twice as much. They are pot grown and arrive already in leaf. Thus far, I have found more success with the bare root roses I've planted, perhaps due to their having one less change to acclimate to.

Most importantly, roses love manure. I make sure to double dig each hole, fill it with water because they must drink from their deep roots, not just the surface roots, and fill it with three parts manure to one part top soil. After planting, mound your rose beds high with manure and don't let them dry out the first year. Make sure to mound them again when putting the garden to bed for the winter. They may be cut back at that time or in early spring. The Hybrid Tea roses, floribunda, antique and English roses I've planted have faired even better than the hardy rugosa (Japanese Rose), shrub and ground cover roses that are suggested for our zone 5 growing region. I would encourage anyone interested in growing roses to visit the many on-line or catalogue cultivators. The history and variety are astounding. In my garden are roses chosen by Marie Antoinette, as well as roses from the famous gardens of Shiraz in Persia, where the poets Hafez and Rumi strolled and recited their poetry. It is entirely challenging, and like any passion, absolutely rewarding.



**Shakespeare Rose**

### **Desse Barama (Peace)** by Hamza El Din (1929-2006)

The world shines about me,  
luminous as the moon, smiling like a rose,  
and a sweet benediction  
flows through everything existing.  
How beautiful life is.  
I marvel at people who are not  
in love with life.  
You, my girl, are beautiful,  
and your beauty,  
like the beautiful thought of peace,  
belongs to eternity.  
Detest war and destruction.  
When you go to the riverbank,  
and the sun sets in the evening,  
the waters of the river will be rippling softly,  
and from a distance, in the twilight,  
you will see white sails.  
A song of the boatman will come from there.  
"Today no suffering, no suffering."  
The world shines about me,  
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smiling like a rose.

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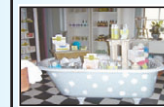
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Derick Melander relaxes in his vegetable garden in Callicoon, NY

Photographs: Anne Hart



A base Melander created uses wood saved from his house renovation.



Melander demonstrates his folding technique.



Contributed photo

The piece, fashioned from his family's clothing, is a "family portrait" in honor of Melander's father.

# Above the Fold: A conversation with artist Derick Melander

|||||

“There’s this kind of perspective—that it’s one object, but when you come closer, the individual garments and patterns start to come out; and then you get close, and you can see a pair of jeans or a sweater.”

— Derick Melander

|||||

“People don’t generally make artwork with second hand clothing,” noted Derick Melander on a sunny Sunday morning at his retreat near Callicoon Center, NY. “It’s considered less durable and it tends to be unwieldy and difficult to install, not typical for every collector,” he added. Working through and with these challenges and perceptions, he has created a compelling body of work around the everyday clothing of our lives.

After graduating from the School of Visual Arts in 1994, he “went through a process of trying to work past academic theory and reconnect with my work in a way that was more emotional and intuitive.” Before bed each night, he gave himself assignments to dream about artwork and then actually create it. What came out of that process was “all over the place.” But one of the projects involved carving the shapes of figures into the lids of metal suitcases, with the effect that they were floating in space. “I couldn’t figure out how to display the suitcases and I didn’t want to do a fussy column or have them sitting on the floor because you couldn’t really see the detail.”

He began thinking about “what would be most naturally associated with a suitcase,” and thought, “Oh, clothes, I’ll make a stack of clothes. I’ll fold clothes carefully and put the suitcase on top of a pile of clothes.” To create a base that is about one foot by four feet, he learned that he would need about six lawn bags of clothes, more than he and his friends could accumulate. He began searching his neighborhood flea markets and then Mary Help of Christians Church began to give him their excess clothing.

He thought that sometimes he was given a bag of clothes that had just been donated, and remembered that when he opened the bag in his studio, “I could smell someone’s perfume and I could smell someone’s baby and I got a sense of the whole family. As I

would go through the clothing I would find an Ann Taylor blouse that had been hand stitched where the collar had ripped or someone was trying to pull their work wardrobe together, or baby clothes that a baby had grown out of, or a man’s work uniform, and I got this sense of overwhelming pathos from the clothes: a sense of the gravity of someone’s life and situation through the clothing.

“I continued with the work and making these bases, but as I worked with the clothing more and more, the clothing became more resonant to me than the pieces that I was making the supports for.” He then quoted curator Marcia Tucker, who once said that sometimes the materials choose the artist, kind of like a stray dog chooses its owner.

Melander considers his work assemblage with found objects, including bases that he creates with his chop saw using wood he has saved and found. He noted that he is neither a fashionista nor a lover of sewing, and he worked through those associations as he continued to work with the clothes. “The work just kept getting more and more refined and larger and larger. I found that often the larger the work, the more impactful it is.” At exhibitions, he sees that the “bait” is the color that initially engages people, along with the scale. “There’s this kind of perspective—that it’s one object, but when you come closer, the individual garments and patterns start to come out; and then you get close, and you can see a pair of jeans or a sweater.”

Last year, he participated in an exhibition at Columbia College in Chicago called “ZERØ Waste: Fashion Re-Patterned.” The catalog states: “The essence of fashion is change—making it directly opposed to the principles of sustainability and sustainable design processes. This reliance on constant change, in tandem with its never-ending search for seasonal novelty, means that besides being an immensely dynamic cultural

phenomenon, fashion is also extremely wasteful.”

To create Melander’s nine-foot by 16-foot piece, called “Drift,” a textile recycling company brought two and a half tons of clothing and dropped it on the sidewalk outside the exhibition space. For this project, student volunteers sorted the clothing by color and then learned to fold the clothing into the 12-inch-wide pieces that form the backbone of every work. According to Melander, “the experience of making a piece like this is as important as the finished project.” He believes that these site specific installations help to create more opportunity for the art museums and galleries on campus to become more relevant and inclusive to the students and the general public.

Last year, Melander’s father died, and he has recently completed a piece in his memory. “I asked my mom and siblings if I could have all of his old clothes, and then I asked them to give me their old clothes. I intermingled them together and sorted them from light to dark and sewed them together from end to end. I folded it to 2 inches wide and rolled it so it radiates out from the center, from light to dark. It’s really kind of a family portrait in a sense, a family portrait from my dad’s perspective.”

From the intimacy resonating from a bag of used garments to statements about over consumption, Melander’s work encompasses a wide range of thought. For Melander, “the core concept I want to get across in my work stems from an ancient Mayan precept, ‘In lak’ech,’ which means, ‘You are my other Me.’ “By taking these disparate garments from various people and lovingly folding and carefully stacking or rolling them and essentially compressing them together and blurring the distinctions between the garments is a symbolic way to say that.”

To find more on Derick Melander, visit [www.derickmelander.com](http://www.derickmelander.com).

Text | Anne Hart





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# Doors and Thresholds: *Places of possibility*

Text | Laura King



Contributed photographs



Photograph: Laura King

The doors we open and the thresholds we cross many times every day are designed to regulate the atmosphere of interior spaces, and to provide privacy and security. But they are also suffused with rich, symbolic meanings that we overlook as we hurry through. Whether we consider them from a form and function view point or from the perspective of history, literature, religion or psychology, doorways always delineate a transformative passage, a new experience.

Wikipedia sites the earliest record of wooden doors to be in paintings of Egyptian tombs. However, news stories in 2010 conveyed that Zurich archeologists had unearthed an intact popular wood door that was carbon dated to 3063 BC, the “Stonehenge” period, almost 5,000 years ago. Most ancient doors in the Western world were crafted of timber, often olive wood, and they evolved to include ornate carvings and precious metal overlays.

Over time, a system of framing developed to hold a wooden door snugly in place without warping. A typical doorway structure consists of two vertical jambs, a lintel at the top and a threshold at the bottom. If a decorative molding outlines the door, it is called an architrave or a casing. Hinges, doorstops, doorknobs, latches, locks, deadbolts, peepholes, doorknockers and mail slots are all standard parts of modern door anatomy.

Exterior doors that are painted red have special meanings conveyed across cultures. In Chinese Feng Shui, an ancient astronomy-based system of energy balancing that is applied to buildings, a red door symbolizes the “mouth” of a house and invites abundance and opportunity to enter. In Europe, a red front door brandishes old Pagan magic to ward off evil spirits and harm, while in Christian chapels it has come to represent the blood of Christ and religious martyrs. The red doors of Northeastern inns have historically conveyed a welcome message to weary travelers.

An open door is an invitation to communicate, and doorjambs and casings have always been places where messages could be passed. In the biblical story of the Exodus, the lives of the first-born of Israelite slaves are spared from a plague of death God inflicted upon their Egyptian captors by following his instructions to mark their doors with lamb’s blood. Today, many Jewish homes follow a religious commandment to display a mezuzah, a traditional verse of scripture from the Hebrew Torah, on their doorpost as a reminder of their faith.

In art and across all genre of literature, doors and thresholds appear as symbols and in allegories. Typically we find them demarcating a character’s passage and transitions, creating barriers or framing some perspective or activity. Well-known passageways from modern fantasy fiction include the Rabbit-Hole (“Alice in Wonderland”), Platform 9¾ (“Harry Potter”), the Black Gate of Mordor (“Lord of the Rings”) and the Wardrobe Portal (“The Chronicles of Narnia”).

Ancient Roman mythology and religion honored doors and thresholds as “power places” that were included within the realm of Janus, the god who governs motion, time, beginnings and transitions. Janus is most often portrayed as having two faces, gazing simultaneously to the future and the past.

A door as a three-dimensional structure allows a traveler to stand uniquely between two places—being neither in nor out. To hover on a threshold is therefore to occupy a space of physical and psychic tension. Both sides have the possibility to be surveyed, and energy can flow in either direction.

Certain doors and thresholds have acquired iconic status or renown through their association with religion or politics, and when we consider them we can’t help but be impacted by the polarities they represent, such as safety/danger, power/vulnerability, order/chaos, good/evil, us/them. The Pearly Gates leading to heaven and guarded by St. Peter is an example. The iron arch that proclaimed the message “arbeit macht frei” (“labor makes you free”) to prisoners arriving at many Nazi concentration camps during the Holocaust is another.

On the stone lintel above the entrance door to his home, Carl Jung, founder of analytical psychology, believing that the unification of opposites, such the conscious and subconscious, was essential to human development, carved the message “Called or not called, god will be present.” From Jung’s perspective, opposites join together on the threshold and can be transcendently experienced as one.

So here we stand, hand on the doorknob, poised before a moment that might forever change us. Do we accept an invitation or a calling to step in, or do we stay out? Open up, or close down? Doorways are portals of infinite possibility.



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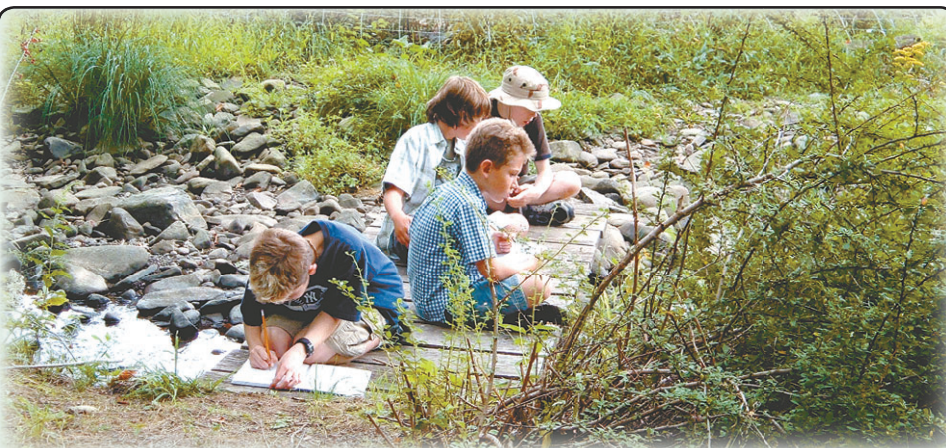
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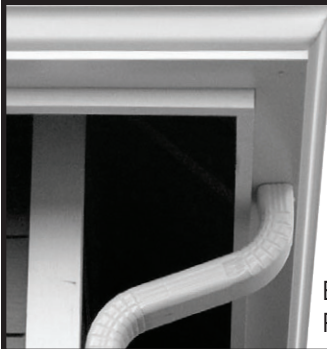
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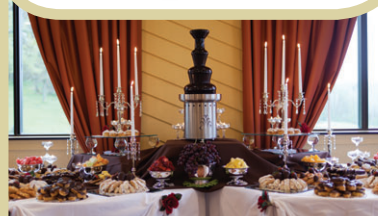
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# Farm-to-Table Dining

## Inspired cuisine from the garden

Text | Laura King  
Contributed photographs

Walk through the garden. The fragrance of damp, loamy earth mixes with the musk of knobby stems and saw-toothed leaves as your knees brush against plants that overrun the round cages lassoing them. Hold a hairy emerald branch and twist a flame-red orb from its starry cap. Heft the fruit in your palm, delight in its weight, heat and smoothness, its vivid color and dusky smell. Then bite in, cupping your chin as this gift from the garden explodes sugary, acidic juices and textures of skin, flesh and slippery seeds into your mouth.

This sublime sensory experience, brought to you by the garden-grown tomato, is the basis for the current budding trend of farm-to-table restaurant dining. A century ago, most of the food American families ate was grown within a 50-mile radius of home. By necessity, it was simply grown and seasonally appropriate. As the population migrated to urban settings, local farm sources disappeared and large producers flourished. Elaborate processes of forced ripening, preservation and transportation developed in synch with the public's demand for "exotic" foods at the neighborhood grocer year 'round. But nothing beats nature for taste. We've all had the experience of gleefully purchasing a perfectly red Chilean tomato in the store in January, and discovering at home that it tasted like nothing at all!

### Beginnings

The farm-to-table (or farm-to-fork) movement, for which legendary chef Alice Waters gets much credit, emphasizes the many benefits of local production, purchase and consumption of organic foodstuffs. Waters became an organic devotee 30 years ago by accident, claiming: "When I opened Chez Panisse [in Berkeley], I was only thinking about taste. But in doing that, I ended up on the doorstep of organic farmers."

Organic is a word that is frequently mated with farm-to-table cuisine. Organic foods are produced using methods which do not involve modern synthetic pesticides or chemical fertilizers, do not contain genetically modified organisms, and are not

processed using irradiation, industrial solvents or chemical food additives. The farm-to-table movement has arisen concurrently with increased public awareness about food safety, health and nutrition, and a resultant quest for what is simple, real and wholesome.

The three local restaurants highlighted here have embraced completely the farm-to-table philosophy. Menus are inspired by whatever is ripe and ready, sometimes changing daily. Personal contact with a farm gives these creative chefs access to an enhanced palette of flavors. Pungent fresh-cut herbs and just-snipped micro-greens add color, texture and zest to salads and entrees. Roots, stalks, leaves, buds, flowers and fruits all contain mouthwatering possibilities.

### Foraging

An intriguing offshoot of farm-to-table cuisine is foraging, the contemporary designation given to the gathering half of "hunting and gathering." Foraging chefs wander farms, meadows, creeks and woods, scissors and trowel in hand, sleuthing for the delicacies nature generously provides. A tiny tasse of velvety milkweed leaf soup, accompanied by its fragile flower wafted through a delicate batter and lightly fried, is just one example of a foraged presentation by Chef Christopher in the Delmonico Room at Hotel Fauchere.

Learning to identify, harvest, prepare and enjoy foods that grow naturally satisfies a primal longing within us to be connected to the land. Familiar foods like wild berries, and local short season exotics such as fiddlehead ferns, morel mushrooms, knotweed and ramps offer tastes and textures that are tantalizing in the hands of a top chef.

Farm-to-table cuisine is also expanding our expectations of a restaurant meal. Chefs at these establishments are attuned to providing more than just a great plate. A menu that includes farm fresh and foraged ingredients is alive in a way that satiates more than hunger. It offers an intimate connection with the good earth in every bite.



Master Gardener Alison Peck gathers goods for TREE kitchen at The Lodge at Woodloch.



Chef Christopher, and his garden-fresh salad and dessert from the Delmonico Room at the Hotel Fauchere (See page 20 for salad recipe pictured here).



Seared Ahi Tuna with Avocado Puree entree from Settlers Inn.

### The Delmonico Room

Hotel Fauchere, 401 Broad Street, Milford, PA 18337

Christopher Bates, Executive Chef; Loic Leperlier, Chef de Cuisine; Benjamin Youngquest, Pastry Chef

The Delmonico Room continues a long-standing tradition of creative cuisine at the Hotel Fauchere. Chef Christopher is clearly on a mission to communicate his passion for local foods to his customers. Produce, wild edibles and eggs are selected fresh each day from Foster Hill Farm, just one mile away.

Continued on page 20



The leisurely eight-course prix fixe Summer Menu is forage-based and includes an optional wine pairing introducing Pennsylvania vineyards. Presentations are artful and theatrical, designed to evoke an imaginative connection with the Milford woods or garden by playfully engaging all the senses. "I want my dishes to convey to guests the same delight we experienced discovering an edible in its natural state," Chef Christopher said. So expect gourmet surprises on the menu, and tufts of moss, smoking twigs and bluestone plates to be decorative parts of an exquisite three-hour dining adventure.

To view sample menus, visit [www.hotelfauchere.com](http://www.hotelfauchere.com). Reserve at [reservations@hotelfauchere.com](mailto:reservations@hotelfauchere.com) or call (570) 409-1212.

### TREE Restaurant

**The Lodge at Woodloch**  
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Hawley, PA 18428

**Adam Mosher, Chef; John Marchetti, Chef; Alison Peck, Master Gardener**

The spirit behind TREE Restaurant at the Lodge at Woodloch spa is to support a healthy, balanced lifestyle with cuisine that is nutritious, creatively prepared and graciously served. Chefs Adam and John take obvious delight in simple presentations of naturally raised meats and fish cooked perfectly, but give equal care to non-meat dishes and veggies harvested at their flavor peak in the farm-to-table garden.

Master Gardener Alison attends to the Lodge's ornamental and native plants, and works closely with TREE chefs. Flowers, traditional herbs and flavor enhancers such as caraway, lovage and stevia are available to the kitchen all year.

In keeping with the Lodge's emphasis on a personal and nurturing spa experience, the TREE menu acknowledges vegan, vegetarian, gluten-free and low-carb diets. Any meal at TREE is a culinary sojourn that awakens the palate and also feeds the soul.

To view sample menus, visit [www.thelodgeatwoodloch.com](http://www.thelodgeatwoodloch.com). Reserve at [info@thelodgeatwoodloch.com](mailto:info@thelodgeatwoodloch.com) or call 866/953.8500.

### The Settlers Inn

**4 Main Avenue, Hawley, PA 18428**  
**Grant Genzlinger, Owner-Chef; Ben Sutter, Executive Chef; Jutta Ames, Cocoon Catering Chef; Colleen Stevens, Pastry Chef**

For over 30 years, farm-to-table dining has been part of the historical mission-style Settlers Inn. Owner-Chef Grant Genzlinger is dedicated to sharing "innovative Pennsylvania cuisine that is deliciously and beautifully prepared with the freshest and healthiest ingredients."

Settlers Inn is enthusiastic about using sustainably grown local products for superior taste, but also in order to support the tradition of small family farming in the region. Twenty five farmers and producers work closely with the chefs, bringing their bounty directly to the inn's kitchens and getting credit by name on the menu.

When dining at Settlers Inn, why not plan a leisurely evening and stroll through the lush gardens that supply cheerful flowers for the tables, as well as herbs and other edibles. A backyard terrace offers al fresco dining with excellent views of the meandering Lackawaxen River. Take a seat, explore the award-winning wine list and know that any meal you order will be fresh-flavored by the simple joys of a Pocono summer.

To view sample menus, visit [www.thesettlersinn.com](http://www.thesettlersinn.com). Reserve at 570/226-2993.

### Farmer's Salad

*(Recipe provided by Hotel Fauchere)*

Gather an assortment of vegetables (turnips, radishes, asparagus, fennel, kohlrabi, peas), leaves (turnip or radish tops, arugula, mustards, lettuces, kales), herbs (basil, parsley, cilantro, chervil) and fruit (blueberries, raspberries, strawberries, apples, pears). The more the merrier!

Wash well, but do not peel. Cut items in different ways, shaving, wedging, halving, but maintaining the form. Tear any large leaves, cut any large fruit. Put everything together in a large bowl. Add a drizzle of Moscatel Vinegar, twice as much Extra Virgin Olive Oil, a nice cracking of pepper and sea salt to taste.

Bon appetite!



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# Local Brilliance Jewelry for Every Occasion

Text | Laura King  
Contributed photographs



Custom Bridal Party bracelet by Madame Fortuna



Faulkner "As I Lay Dying" necklace by Madame Fortuna



Monogram necklace by Madame Fortuna

Put on that little black dress. It's your blank canvas to express a mood to match a special moment. Go classic or go crazy, but go jewelry, no matter what. Whether date dressy, work conservative, funeral serious, holiday playful or cocktail-hour sexy, jewelry has a lot to say about who you are at any occasion.

The urge to decorate the human body has been around a long time. When slipping a favorite pendant over your head, you are sharing in a ritual first performed 100,000 years ago by cave ancestors who were equally pleased by the beauty and meaning contained for them within a loop of sinew strung with bone, teeth or berries.

Modern-style jewelry is credited back to the Egyptians, who had an affinity for gold and lapis lazuli. Since then, the favored materials of fine jewelers everywhere have been precious metals, pearls and gemstones. Finely crafted "estate quality" jewelry is always in perfect

fashion at elegant affairs. If your goal is to be flawlessly accessorized for these occasions, you'll aspire to own an exquisite necklace of yellow or pink gold and precious gemstones with matching earrings and bracelet, and a second set in sterling silver or platinum.

Thanks to advances in skills and technology, synthetic materials are now capable of rivaling the beauty of most expensive gems and metals, so "fabulous fakes" are affordable to even those dressing up on a budget.

Lastly, fun and colorful "up-cycled" jewelry is a great addition to every personal jewelry collection. The eco-friendly twist on new creations by clever artists who find beauty and inspiration in all manner of recycled materials makes everyone feel good.

When it comes to impact per inch in fashion, nothing does it better than jewelry! Enjoy the diversity of these local jeweler-artisans.



Ice earclips

## Pedro Boregaard – Narrowsburg, NY

From Munich to Manhattan to Narrowsburg, Pedro Boregaard has been making the world sparkle for over 50 years by sculpting exquisite high-end jewelry for women and men from the finest precious metals, stones and pearls available. "Many of my customers are people who want to own one very special piece. My jewelry has the feeling of a talisman, it becomes part of them," said Boregaard. Stepping into the store at 101 Main Street, it is

*Continued on page 23*



# Find Your Dream Country Home

Fresh air, space, peace and quiet and lots of fun things to do, if you have ever dreamed about owning a home in the country now is the time to make that dream come true. It's not as difficult as it may seem, especially if you have help.

This is why when shopping for a home it is wise to consult a professional. A licensed Real Estate agent can help in many ways. First of all he or she can help you find the house that is right for you, efficiently and quickly, to fit you and your family's lifestyle. Do you entertain a lot? Do you want to be out in the country or live in town? Are

you a fixer upper or someone who wants to relax on the weekends? What size home do you need or think you need?

Not only can Real Estate agents help you answer these questions and more, they can also help you choose the right location. Agents have lots of experience looking at homes and comparing neighborhoods. They will show you homes that you can afford, and help you understand how much a bank may lend you and on what basis.

What an agent does best is save you time, after you have gone out and looked at some properties

together he or she will get a better sense of your wants and needs. An agent acts as a filter for you—they know the advertised properties and will screen new ones for you. When you are ready to make an offer, an agent will act as an intermediary between you and the seller.

Banks can also be very helpful in determining what you can afford and the best way to go about securing a mortgage. Once you have calculated a price range an agent can work with you to not only help you find the right house, but also keep you on track so you can relax and enjoy the experience of purchasing your country home.

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Continued from page 21

easy to feel you've been transported to one of the affluent shopping districts in Europe or New York City. Whether buying or browsing, visitors partake in a visual fete of precious materials and exquisite design that is unsurpassed in the region. Pedro's ice ear clips (see page 21) showcase two 11 karat diamond slices and 78 natural grey diamonds in an oxidized sterling setting, and retails for \$35,000. A visit to Boregaard Jeweler is a dazzling experience that shouldn't be missed. Prices start at \$500.

Boregaard Jeweler | Ph: 845/252-3827 | [www.boregaard.com](http://www.boregaard.com).



La Sylphide necklace

### Judith Neugebauer – Milford, PA

A previous professional career in classical ballet and theater infused Judith Neugebauer with a deep awareness and appreciation for movement, line and balance that reflects in her jewelry design. "I have always tried to incorporate the classical qualities of dance into my jewelry designs," she said. Neugebauer has worked as a jeweler since 1974. Explorations with clay in the early 1980s enamored her with an oriental aesthetic seen in the calligraphic use of gold-leaf and colored metal inlays on her jewelry, while lightness and movement remain a central theme. Her work is individually hand-fabricated using oxidized sterling silver with an overlay of 23K gold leaf. Many pieces also incorporate freshwater pearls and Australian boulder opals. Prices from \$90.00.

At Peters Valley Craft Center | Ph. 570/296-6901  
[www.judithneugebauer.com](http://www.judithneugebauer.com).



Kissing Fish necklace

### Jen McGlashan | McFlashpants – Callicoon, NY

McFlashpants was conceived during the New York City blackout. "When the power died, I had no food, no water,

and no idea how to take care of myself without my giant urban pacifier. So I moved upstate, where I lose power daily and am still afraid of the dark," said Jen McGlashan. "But now, I can grow my own food, raise chickens and goats, and recycle to the point of ridiculous. All I want to do is close the loop and still make people happy with pretty things." McFlashpants is a collection of jewelry and housewares made entirely from recycled materials. The inventive Eat With Your Hands and Living Jewelry series breathe life into unwanted silverware. And Green Pieces melts the scraps down to be recast as puzzle pieces. Prices start at \$10.00.

Check website for galleries | Ph. 845/858-3678  
[www.mcflashpants.com](http://www.mcflashpants.com).



Custom bracelet

### Madame Fortuna – Narrowsburg, NY

Born in Memphis and raised in flea markets, on farms in the Mississippi Delta and in a home renovation project, Allison Nowlin Ward learned to love and appreciate all things old. She left the south at 18 to study photography in New York City. Later, she returned to NY and while running her own vintage boutique, Ward began her cult jewelry line. In creating unique charm-based pieces that she describes as "glamorous, eccentric, unusual, quirky, romantic, nostalgic, surprising and inspiring all at the same time," Madame Fortuna wants to encourage women to have fun with daily "costumes." Her jewelry has been included on the **Today Show** and in magazines such as **O**, **InStyle**, **Lucky**, **TeenVogue** and **French**. Prices start at \$175.

At Enochian, Narrowsburg, NY | [www.madamefortuna.com](http://www.madamefortuna.com).



It's Always The Right Time bracelet

### Tricia Adler – Dingmans Ferry, PA

One woman's trash is another's wearable art. For Tricia Adler, the hunt for recyclables that she'll incorporate into contemporary jewelry is "intoxicating," whether it's at a flea market, yard sale or along side of the road. Back in the studio with her bounty, surrounded by heaps of recycled inner tubes, expired license plates and other colorful found materials, she is inspired. "Object making as obsession began as soon as I was able to manipulate materials with my hands," she said. Adler sees herself as a sculptor of 3-D objects and wearable art. Her unique jewelry appeals to women who enjoy making a bold and youthful statement, whatever their age. Prices start at \$25.

At Greene and Greene Gallery, Lambert, NJ | Peters Valley Craft Fair (Sept) | Ph: 570/828-6075.



Fabric wirecovers

### Daria Dorosh – Barryville, NY

With a background in art and fashion, Daria Dorosh creates runway chic wearables and works from a palette of textile remnants to make small fabric accessories. Some are playful coverings for the headsets and ear wires for the phones and ipods that have become necessities in life. Some are colorful patches that can be sewn over stains on clothing or for the sheer fun of decorating something dull. Others she dubs as wrist loops, designed to bestow good cheer. "I use the textile medium the same way I used paint, making compositions in color and texture," Dorosh said. Each item is a handmade one-of-a-kind textile jewelry creation – a small fashion statement for the body. Prices start at \$40.

At Signature Gifts, Narrowsburg, NY | Ph: 845/557-0674  
[www.dariadorosh.com](http://www.dariadorosh.com).



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